

INCLUDED

Kim's refreshing vulnerability and biblically-based content help women identify and reject the lies that have been holding them back and replace them with biblical truth that can restore them to be everything God created them to be.

Healing is not the end of the journey but the beginning of a story filled with hope.

The Burdens to Blessings curriculum includes five components - the book, professionally filmed teaching videos, carefully crafted icebreakers, daily devotionals, and guided conversation.



The TV program, Burdens to Blessings with Kim Crabill, reaches over 150 nations and airs on over 25 faith-based networks.



AVAILABLE NOW

Complete Teaching and Study Collection

- ✓ TEACHING VIDEOS
- ✓ WORKBOOK
- ✓ TEACHING MANUAL
- ✓ DAILY DEVOTIONS



FIND US AT



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DISCOVER THE POWER OF YOUR STORY

Based on her journals of personal healing,
Burdens to Blessings by author Kim Crabill
has become known globally for its biblicallybased transformational
journey of hope and healing.

With over 25 years in ministry, coupled with her background in Christian counseling, Kim creates a safe space for women to discover the



power of their story.



JOIN THE JOURNEY

Take back the life you were born to live. For most of us, life hasn't been exactly as we expected. But here's the good news. God says your life can be better than you ever imagined. In fact, that's what God promises in Ephesians 3:20. Burdens to Blessings is the transformational journey from the shame and sadness of secret burdens to healing and hope. Along the journey, you'll discover what Kim describes as the "upside-down" truth: that the very things we regret most - the things we pray no one discovers about us - are the very same things God will use to enrich our lives and bring blessings not only to us but also to those around us.

"Because of Burdens to Blessings, I finally saw myself as God sees me and that changed my life." - Karen, Maryland

BENEFITS

- Transform past hurts into blessings.
- Develop trustworthy relationships.
- Learn conflict resolution skills.
- ✓ Engage in unifying conversations.
- ✓ Build biblically-based leadership skills.
- ✓ Develop ways to extend hope to others.
- Create safe havens for women.
- ✓ Practice practical steps that transform the mind.
- ✓ Stretch to embrace God-given opportunities.
- Rid yourself of shame, guilt, and regret.

"Come to me, all you who are weary and burdened, and I will give you rest."
-Matthew 11:28-NIV



IN KIM'S WORDS

"It is my passion that every woman experiences the refreshing, renewing, and restorative work that only the Word of God and the presence of God can accomplish."

SERVICES



All Options Are Customizable DAY OPTIONS

Choose from a variety of topics ranging from 30 minutes up to 4 hours, or schedule a full-day event.

WEEKEND RETREATS

Choose from a variety of topics and schedule a 2-to-3 day retreat.

8-WEEK SESSIONS

Kim will come to the church to kick off the study on Week 1. If agreed-upon at the start, there is also an option for Kim to return for the final week of the study. A ministry-certified facilitator will be assigned to help the local leadership on a weekly basis through designated Zoom sessions.

"Kim has a huge heart to see people come to the gospel and to have their lives transformed." - Pastor Stuart Fuhlendorf

"Because of Burdens to Blessings, my children have a better mom, my husband has a better wife." - Teresa. Texas