

BURDENS *Blessings*



www.kimcrabill.org



admin@kimcrabill.org

BURDENS TO BLESSINGS – DAY OPTIONS

All listed times are negotiable.

✓ ***Burdens to Blessings* Breakfast/Luncheon/Tea Event: 30 minutes to 2 hours.**

Topic possibilities: “Just Imagine,” “Living Free,” “Living God’s Dream,” “Thirteen Principles to Discover Your Task in Waiting,” or a topic chosen through the assessment process.

✓ ***Burdens to Blessings* Banquet-style event: 1 to 3 hours.**

Topic possibilities: Expanded versions of the Breakfast/Luncheon/Tea along with “Journey of Hope,” “Friends of the World vs. Friends of Faith,” “Dancing on Your Dash,” “Girl, Take Your Power Back (Recognize, Reject and Replace),” “Daring to Believe: Outrageous Promises of God,” “Seven Words for Living Outrageously Courageously,” “Throwing to Your Potential (good for sports-themed events),” or a topic chosen through the assessment process.

✓ ***Burdens to Blessings* Mini-Retreat: Up to 4 hours.**

Topic Possibilities: Extended version of any of the topics above along with “Girl, You’ve GOT This,” “Eight Principles on What to Do When You Don’t Know What to Do (Jeremiah 6:16 and Hebrews 12:2),” “Eight Ways to Use Your Life as a BLESSING to Others,” “Fight for Your Future,” “Having a Heart of Wisdom,” “Stepping Into Your Next Season,” “Transformation During Conversation: The Healing Power of a Woman’s Words,” or a topic chosen through the assessment process.

✓ ***Burdens to Blessings* Full-Day Retreat: 10:00 AM to 3:00 PM.**

The following three topics taken from the *Burdens to Blessings* book will be discussed: “Brown Bag Promises,” “Dare to Believe,” “Fight for Your Future,” and a celebration of blessings at the end. Each has a principle teaching, an interactive visual, small-group conversations, and a large-group conversation with Kim. Along with this schedule will be book signings and short increments of private time with Kim (advance sign-up will be required at the beginning of the retreat), as agreed upon in the assessment process.

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BURDENS TO BLESSINGS – WEEKEND RETREATS

- ✓ ***Burdens to Blessings* Friday/Saturday Weekend Retreat: Beginning Friday evening at 7:00 PM through Saturday at 3:00 PM.**

The following topics will be discussed:

Friday: “Transformational Power Within the Brown Bag” - Using a visual of a simple brown bag, Kim will help you “Discover the Thirteen Principles of Your Task in Waiting.”

Saturday: “Dare to Believe,” “Seize God’s Timing,” “Fight for Your Future,” and a celebration of blessings at the end (“How to Live Outrageously Courageously”).

Each topic has a principle teaching, an interactive visual, small-group conversations, and a large-group conversation with Kim. Along with this schedule will be special times of book signings and short increments of private time with Kim (advance sign-up will be required at the beginning of the retreat), as agreed-upon in the assessment process.

- ✓ ***Burdens to Blessings* Weekend Retreat with Sunday: Beginning Friday evening at 7:00 PM through Sunday at Noon.**

Friday: Same as above.

Saturday: Same as above, adding “Step Out and Discover.”

Sunday: Celebration of blessings and “Learning to Live Outrageously Courageously.”

Each has a principle teaching, an interactive visual, small-group conversations, and a large-group conversation with Kim. Along with this schedule will be book signings and short increments of private time with Kim (advance sign-up will be required at the beginning of the retreat), as agreed upon in the assessment process.

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BURDENS TO BLESSINGS 8-WEEK SESSIONS

Kim will come to the church to kick off the study on Week 1. A ministry-certified facilitator will be assigned to help the local leadership on a weekly basis through designated Zoom sessions. Those sessions are designed to review content and activities and to answer questions.

Leaders are also provided with Teaching Tips for each week (including Discussion Questions), a Facilitator's Itinerary, Agendas, and Worksheets. If agreed-upon at the start, there is also an option for Kim to return for the final week of the study.

- ✓ Week 1: Brown Bag Burdens
The following segments are taken from this chapter: "Just Imagine," "Living Free," "Living God's Dream," "Brown Bag Promises," "Transformational Power of the Brown Bag," "Journey of Hope"
- ✓ Week 2: A Princess Story Goes Wrong
The following segments are taken from this chapter: "Thirteen Principles to Discover Your Task in Waiting," "Friends of the World vs. Friends of Faith"
- ✓ Week 3: Dare to Believe
The following segments are taken from this chapter: "Daring to Believe: Outrageous Promises of God," "Throwing to Your Potential," "Dare to Believe"
- ✓ Week 4: Seize God's Timing
The following segments are taken from this chapter: "Having a Heart of Wisdom," "Seize God's Timing"
- ✓ Week 5: Fight for Your Future
The following segments are taken from this chapter: "Fight for your Future," "Girl, Take Your Power Back"
- ✓ Week 6: Step Out and Discover
The following segments are taken from this chapter: "Eight Principles for What to Do When You Don't Know What to Do," "Step Into Your Next Season"
- ✓ Week 7: Embrace Today's Opportunities
The following segments are taken from this chapter: "Transformation During Conversations: The Power of a Woman's Words," "Seven Words for Living Outrageously Courageously," "Eight Ways to Use Your Life as a BLESSING to Others"
- ✓ Week 8: Never Give Up
The following segments are taken from this chapter: "Celebration of Blessings"